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### *New Patient Questionnaire*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_

#### **Patient History**

(check all that apply)

- Fatigue and Lack of Energy
- Decreased or absent sex drive (Low Libido)
- Infrequent or absent orgasms
- I feel hopeless and without motivation
- PMS
- Dry and wrinkled skin
- Hot Flashes or Night Sweats
- Insomnia
- Change in mood: anxiety and/or depression
- Weight gain
- New Migraine Headaches
- Dry Eyes
- Declining mental ability and memory
- Diminished strength and exercise tolerance
- Muscle shrinkage
- Joints ache and/or new onset of arthritic symptoms
- Osteoporosis, osteopenia or loss of height
- New or Increased Cellulite
- Other \_\_\_\_\_

#### **Medical History**

Allergies to Medicines: \_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### **Preventive Medical Care**

- Medical/GYN Exam in the Last Year
- Mammogram in last 12 months
- Bone Density in last 12 months
- Pelvic Ultrasound in last 12 months

*New Patient Questionnaire (page 2)*

**High Risk Past Medical and Surgical History:**

- Breast Cancer
- Uterine Cancer
- Ovarian Cancer
- Hysterectomy with removal of ovaries
- Hysterectomy only, still have ovaries
- Blood clot or Pulmonary Embolism

**Other Medical Illnesses:**

- Diabetes
- High blood pressure
- Heart bypass surgery or stents
- Thyroid disease
- High cholesterol
- Depression/anxiety
- Fibromyalgia
- Chronic Fatigue
- Cancer not listed above (type): \_\_\_\_\_ Year: \_\_\_\_\_

**Surgeries:**     None     Yes (please specify below)

Type	Date
_____	_____
_____	_____
_____	_____
_____	_____

**Birth Control Method:**

(You must be menopausal, have a hysterectomy or use birth control to be on pellet therapy)

- Menopause
- Hysterectomy
- Birth Control Pills
- Tubal Ligation
- Vasectomy
- Essure or Adiana (hysteroscopic sterilization)
- Other: \_\_\_\_\_

**Social:**

- I have completed my family
- I have permanent Birth-control
- I am married
- I am sexually active
- I want to be sexually active

*New Patient Questionnaire (page 3)*

**Habits**

- I smoke cigarettes
- I drink more than 10 drinks of alcohol per week
- I am a recovering alcoholic
- I use or have used marijuana in the last year
- I use cocaine or other illegal drugs

**Forms of Hormone Replacement I have used:**

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**Other problems or concerns not listed in this questionnaire:**

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**Your Goals:**

- I am here for Hormone Pellet Therapy
- I would like to talk about other forms of Bio-identical hormone replacement
- Other: \_\_\_\_\_

**Consent:**

By beginning treatment with hormone pellet therapy, I accept all the risks of this therapy as provided to me either verbally or in writing. I accept as well that there may be future risks that have not yet been reported. I understand that sometimes higher than normal physiologic levels of hormones may be reached to create the necessary hormonal balance.

Signature: \_\_\_\_\_ Date \_\_\_\_\_